

## Equi-Spirit Toys & Tools™ Introduces

# EQUINE SOCCER

### Horse ‘n Around has Never Been so Much Fun!



**Equine Soccer** is a great training method to promote horse and rider working together using concentration and focus while having fun.

Once a basic foundation and communication are in place, **Equine Soccer** helps put *principle to purpose*, allowing horse and human to work as a team.

The following suggested rules are just guidelines and this training task can be tailored to suit your individual needs and training level.

The only hard fast rules are:

- BE SAFE. Don't let competitiveness over-ride safety.
- HAVE FUN! Don't get too serious-laughter is your best friend.

### **Prepare For Your Game—What you need**

1. Large, durable ball such as the Equi-Spirit™ 40” design balls available through our store <http://www.naturalhorsetalk.com/osc/index.php>



**2. Field and Goal markers.** We suggest traffic cones which are soft and safe such as our Equi-Spirit™ Rainbow Cone Set



**3. Set-up the playing field.** This can be an inside or outside arena or even a level, safe pasture.

- Size depends on your need and availability; however 75' by 150' is ideal.
- Goals are placed at each end; width depending on needs and experience of players. 12' wide for advanced teams, up to 25' wide for newbies.

## Playing the Equine Soccer Game



- 1. PLAYERS.** The number of horse/rider players is up to you. It can be just one against one or up to eight on each team.
- 2.** If playing with multiple riders/horses, often one goal keeper for each team is used.
- 3. DURATION.** Again, this is up to your individual needs. Consider:
  - 20 minute game with (2) 10 minute halves
  - 30 minute game with (2) 15 minute halves
  - Ensure you schedule a short break between halves for rest, water and strategy planning
- 4.** Ball can be moved by the horse pushing with his nose or foot or kicked by the rider.
- 5. STARTING THE GAME.** Ball is placed center field and initiated at that point.
- 6. UPON SCORING,** the non-scoring team will be given possession in front of their goal. Once they pass the half-way field mark, play begins.
- 7. OUT OF BOUNDS.** If ball goes out of bounds, it is thrown in by an unmounted person or referee.

## **Suggestions for a great Equine Soccer game**

- Ensure your horse has a good foundation of training before playing. Remember, you are putting *principle to purpose* which means you must have that principle intact first.
- Introduce and familiarize your horse with the ball BEFORE attempting to play the game. Do this first on the ground before mounted. Don't force a scared horse which can result in injury.
- Make your focus more on the relationship with your horse rather than winning the game. Refrain from aggressive handling which should be grounds for dismissal.
- Remember, you are playing at your own risk. Equine activities are inherently dangerous in any form.

Send us photos of your Equine Soccer™ game and we'll post on our website for everyone to see.



**NOTE: If Your Horse Could Talk, LLC and Equi-Spirit Toys & Tools™ is only offering suggestions in playing Equine Soccer™ and is NOT responsible for any accident or injury resulting out of your decision to play.**

Equi-Spirit Toys & Tools™ offers a variety of durable play balls in various sizes and designs. Visit the Equi-Spirit Toys page [www.naturalhorsetalk.com/horsetoys.html](http://www.naturalhorsetalk.com/horsetoys.html) for hilarious photos, two videos and descriptions of our whole line of products.

To order, visit our on-line store at <http://www.naturalhorsetalk.com/osc/index.php>

**Let Your Horse Have a Ball with Equi-Spirit Toys & Tools™ and  
Equine Soccer™**

**[Www.naturalhorsetalk.com](http://www.naturalhorsetalk.com)**